

BODY-TORQUE PILATES

SUMMER SCHEDULE 2017

Name.....

Date.....

Class pass options		Quantity	Sub Total	Total
1 class pass	£11.00			
5 class pass	£52.50			
7 class pass	£72.75			
10 class pass	£102.00			
Summer Unlimited	£70.00			

Please circle the classes you wish to attend and complete the payment form above and return with your payment (cash or cheque, payable to Body-Torque Pilates Ltd) to your class tutor or post to: HIGHFIELD, PETRIDGEWOOD COMMON, REDHILL, SURREY, RH1 5JJ

Day/Date	Venue	Time	Class	Teacher	Book
Saturday 22 nd July	Bell St Studios Reigate	08:30	Intermediate	Madeleine	
		09:30	Improver		
Monday 24 th July	Betchworth Village Hall	18:30	Improver	Laura	
		19:30	Beginner		
		20:30	Pilates for Athletic Conditioning		
Tuesday 25 th July	Bell St Studios Reigate	09:30	Improve/Intermediate	Madeleine	
		10:30	Beginner		
Thursday 27 th July	URC Dorking Main Hall	19:00	Mixed Ability	Laura	
		20:00	Mixed Ability		
Friday 28 th July	Betchworth Village Hall	09:30	Improver	Laura	
		10:30	Beginner		
Saturday 29 th July	Bell St Studios Reigate	08:30	Intermediate	Laura	
		09:30	Improver		
Monday 31 st July	URC Dorking Main Hall	09:30	Gentle Improver/Beginner	Danielle	
		10:30	Improver		
		11:30	Improver		
Monday 31 st July	Betchworth Village Hall	18:30	Improver	Rob	
		19:30	Beginner		
		20:30	Pilates for Athletic Conditioning		
Tuesday 1 st August	Bell St Studios Reigate	09:30	Improver/Intermediate	Danielle	
		10:30	Beginner		
Tuesday 1 st August	Dunottar Dance Studio	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Thurs 3 rd August	URC Dorking Main Hall	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Fri 4 th August	Betchworth Village Hall	09:30	Improver	Laura	
		10:30	Beginner		
Saturday 5 th August	Bell St Studios Reigate	07:50	Metafit	Rob	
		08:30	Intermediate		
		08:30	Pilates Barre	Danielle	
		09:30	Improver		
		10:30	Beginner & Ante/Post Natal		
Monday 7 th August	URC Dorking Main Hall	09:30	Gentle Improver/Beginner	Danielle	
		10:30	Improver		
		11:30	Improver		

Day/Date	Venue	Time	Class	Teacher	Book
Monday 7 th August	Betchworth Village Hall	18:30	Improver	Rob	
		19:30	Beginner		
		20:30	Pilates for Athletic Conditioning		
Tuesday 8 th August	Bell St Studios Reigate	09:30	Improver/Intermediate	Danielle	
		10:30	Beginner		
Tuesday 8 th August	Dunottar Dance Studio	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Thursday 10 th August	URC Dorking Main Hall	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Friday 11 th August	Betchworth Village Hall	09:30	Improver	Danielle	
		10:30	Beginner		
Saturday 12 th August	Bell St Studios Reigate	07:50	Metafit	Rob	
		08:30	Intermediate		
		08:30	Pilates Barre	Danielle	
		09:30	Improver		
		10:30	Beginner & Ante/Post Natal		
Monday 14 th August	URC Dorking Main Hall	09:30	Gentle Improver/Beginner	Danielle	
		10:30	Improver		
		11:30	Improver		
Monday 14 th August	Betchworth Village Hall	18:30	Improver	Rob	
		19:30	Beginner		
		20:30	Pilates for Athletic Conditioning		
Tuesday 15 th August	Bell St Studios Reigate	09:30	Improver/Intermediate	Danielle	
		10:30	Beginner		
Tuesday 15 th August	Dunottar Dance Studio	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Thursday 17 th August	URC Dorking Main Hall	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Friday 18 th August	Betchworth Village Hall	09:30	Improver	Danielle	
		10:30	Beginner		
Saturday 19 th August	Bell St Studios Reigate	07:50	Metafit	Rob	
		08:30	Intermediate		
		08:30	Pilates Barre	Danielle	
		09:30	Improver		
		10:30	Beginner & Ante/Post Natal		
Monday 21 st August	URC Dorking Follet Hall	09:30	Gentle Improver/Beginner	Danielle	
		10:30	Improver		
		11:30	Improver		
Monday 21 st August	Betchworth Village Hall	18:30	Improver	Rob	
		19:30	Beginner		
		20:30	Pilates for Athletic Conditioning		
Tuesday 22 nd August	Bell St Studios Reigate	09:30	Improver/Intermediate	Danielle	
		10:30	Beginner		
Tuesday 22 nd August	Dunottar Dance Studio	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Thursday 24 th August	URC Dorking Follet Hall	19:00	Mixed Ability	Danielle	
		20:00	Mixed Ability		
Friday 25 th August	Betchworth Village Hall	09:30	Improver	Laura	
		10:30	Beginner		
Tuesday 29 th August	Bell St Studios Reigate	09:30	Improver/intermediate	Laura	
		10:30	Beginner		
Thursday 31 st August	URC Dorking Main Hall	19:00	Mixed Ability	Laura	
		20:00	Mixed Ability		