

## Class List 2023

DAY	VENUE	CLASS TIME AND LEVEL	TEACHER	FORMAT
SATURDAY	Reigate St Mary's Church Centre, Chart Lane Reigate	0830 Intermediate Mat 0930 Beginner/Improver Mat	Rob	Face 2 Face
	Online	0830 Pilates Barre 0930 Improver Mat	Danielle	Live online interactive
	Body-Torque Studio RH1 5JJ	1245 Group Reformer	Rob	Face 2 Face
MONDAY	URC Main Hall West Street Dorking	0930 Gentle Improver Mat 1030 Improver Mat 1130 Improver+ Mat	Danielle	Face 2 Face
	Reigate St Mary's Church Centre, Chart Lane Reigate	1800 Improver Mat 1900 Beginner Mat 2000 Intermediate Mat	Rob	Face 2 Face
TUESDAY	Reigate St Mary's Church Centre, Chart Lane Reigate	0900 Intermediate Mat 1000 Beginner Mat 1100 Improver Mat	Danielle	Face 2 Face
	Junior Hall Parish School Blackborough Rd Reigate	1800 Improver Mat 1900 Beginner Mat 2000 Improver Mat	Danielle	Face 2 Face
	Body-Torque Studio RH1 5JJ	1745 Group Reformer 1900 Group Reformer	Rob	Face 2 Face
WEDNESDAY	Body-Torque Studio RH1 5JJ	0900 Group Reformer 1730 Group Reformer 1845 Group Reformer	Rob	Face 2 Face
THURSDAY	Online	0915 Improver Mat	Danielle	Live online interactive
	Body-Torque Studio RH1 5JJ	1235 Group Reformer 1815 Group Reformer	Rob	Face 2 Face
	Online	1930 Improver Mat	Danielle	Live online interactive
FRIDAY	Betchworth Village Hall Betchworth	0900 Intermediate Mat 1000 Improver Mat 1100 Beginner Mat	Danielle	Face 2 Face
	Body-Torque Studio RH1 5JJ	1005 Group Reformer	Rob	Face 2 Face